

CURRICULUM VITAE

Issac Sachmechi, M.D., F.A.C.P., F.A.C.E.



ACADEMIC APPOINTMENTS:

1974-1981	Clinical Instructor of Anatomy Technion – Medical School Israel
1974-1982	Assistant Clinical Instructor, Technion Medical School Israel
1978-1978	Clinical Instructor of Immunology Technion – Medical School Israel
1985-1987	Clinical Instructor, State University Hospital, Downstate Medical Center Brooklyn, NY
1987-1990	Clinical Instructor/Associate Director of Medical Education, Brooklyn Hospital Brooklyn, NY
1993-1999	Assistant Professor of Medicine, Mount Sinai School of Medicine New York, NY
1997–2000	Instructor of Medicine, Albert Einstein College of Medicine Bronx, NY
1999-Present	Clinical Associate Professor of Medicine Mount Sinai School of Medicine New York, NY

HOSPITAL APPOINTMENTS:

1987-1988	Attending Physician Endocrine Section, Brookdale Medical Center Brooklyn, NY
1988-1989	Associate Director of Medical Education Chief, Endocrine Section Brooklyn Hospital, Brooklyn, NY
July 1990	Assistant Attending Physician Department of Medicine Queens Hospital Center, Affiliation of Long Island Jewish Medical Center Jamaica, NY
July 1996	Chief of Endocrinology Queens Hospital Center
July 2000	Director of Diabetes Center of Excellence Queens Hospital Center

EDUCATION:

1971-1979	Technion Medical School HAIFA – Israel MD – Degree
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POST DOCTORAL TRAINING

1979-1982	Residency, Internal Medicine Carmel Hospital HAIFA – Israel
1982-1985	Residency, Internal Medicine Brooklyn Hospital Brooklyn, New York
1985-1987	Fellow in Endocrinology State University Hospital – Downstate Medical Center Brooklyn, New York <u>Mentor:</u> Harold Lebovitz, M.D.

CERTIFICATION:

1985	Board Certified in Internal Medicine Certificate # 101781
1989	Board Certified in Endocrinology Certificate # 101781

LICENSURE

1985 New York State
License # 163151-1

HONORS/AWARDS

1968 Award of Excellence
High School, Israel

1970 Award of Excellence
Military Service, Israel

1978 Award of Excellence
Cum Laude, Medical School
Israel

1985 Award from Nursing Staff
The Brooklyn Hospital

1990 AMA Physician Award

1992 AMA Physician Award

1994 AMA Physician Award

1996 Inducted as a Fellow of The American
College of Clinical Endocrinology (F.A.C.E.)

1997 Teaching Award from LIJ Medical Residents

1997 Inducted as a Fellow of The American
College of Physicians (F.A.C.P.)

2000 AMA Physician Award

2007 The Physician of the Year Award
Metropolitan New York Association of Diabetes
Educators

2010 Letter of Appreciation from Congressman
Anthony Weiner on my views of “How to Reform our
Health Care System”

2010 Letter of Appreciation from Congressman
Anthony Weiner on my views of my support for Funding
Diabetes Research and Prevention Program

2010 Clinical Study Presented on Research Day
May 20, 2010 – Received the # 1 Award

HONORS/AWARDS *(cont.)*

2010	The American Diabetes Association recognizes the education service of “Diabetes Center of Excellence – Queens Hospital Center of NYCHHC
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OTHER PROFESSIONAL APPOINTMENTS:

1986	Member, American Medical Association
1986	Member, American Diabetes Association
1987	Member, Endocrine Society
1990	Member, The New York Thyroid Club
1990	Member, The Long Island Endocrine Club
January 1991-June 1995	Physician-in-Charge Division of Endocrinology Mount Sinai Services at Queens Hospital Center Jamaica, New York
1991 – Present	Member of Radiation Safety Committee Queens Hospital Center
1995 – Present	Member, Medical Ethics Committee Queens Hospital Center
July 1995-Present	Chief, Division of Endocrinology Mount Sinai Services at Queens Hospital Center Jamaica, New York
1995	Fellow, American College of Endocrinology
1996	Member, American Society of Science
1996	Fellow, American College of Physicians
1996	New York Academy of Sciences
July 1998	Adjunct Faculty Member for Nursing Students in the Master’s Program New York University, Division of Nursing New York, NY
1998 – Present	Member, Institutional Review Board (IRB) Queens Hospital Center
1998- Present	Endocrinologist at North Shore Diabetes and Endocrine Associates.

OTHER PROFESSIONAL APPOINTMENTS: *(cont.)*

1998 – Present	Member, Library and Research Committee Queens Hospital Center
Jan. 1999	Appointed as a Reviewer Expert in Diabetes – <u>Annals of Internal Medicine</u>
1999 – Present	Member, Diabetes Advisory Committee
2000 – Present	Director of Diabetes Center of Excellence Queens Hospital Center
2000 - Present	Chairperson, Research Day Queens Hospital Center
2000 – 2007	Member, Biomedical Research Alliance of New York (BRANY)
10/2009	Nominated the Director of Lower New York Chapter of American Association of Clinical Endocrinology
10/2009	Nominated by Senator Tom Price as one of the Physician Participating in the Government Health Care Debate
10/2009	Member of HHC Central Office for Development of Guidelines for Treatment of: 1) Diabetes 2) Hypertension 3) Hyperlipidemia
1/2010	Member of Mount Sinai School of Medicine Research Day Committee

TRAINING RECORD:

<u>NAME</u>	<u>LEVEL OF TRAINEE</u>	<u>ROLE IN TRAINING & INCLUSIVE DATES OF TRAINING</u>	<u>TRAINING VENUE</u>	<u>TRAINEE'S CURRENT STATUS & EMPLOYMENT</u>
Dr. G. Blake	Endocrinology Fellowship	Site Fellowship Training Director – 1987-1988	Queens Hospital Center	In Private Practice in Florida
Dr. Syroia	Endocrinology Fellowship	Site Fellowship Training Director – 1988-1990	Queens Hospital Center	In Private Practice in Brooklyn, NY
Dr. Murphy	Endocrinology Fellowship	Site Fellowship Training Director – 1990-1991	Queens Hospital Center	Endocrinologist for HIP, Long Island, NY
Dr. Muntaz	Endocrinology Fellowship	Site Fellowship Training Director – 1991-1993	Queens Hospital Center	Endocrinologist in Kingsbrook Jewish Hospital
Dr. D. Patel	Endocrinology Fellowship	Site Fellowship Training Director – 1992-1994	Queens Hospital Center	Private Practice
Dr. K. Schwartz	Endocrinology Fellowship	Site Fellowship Training Director – 1994-1996	Queens Hospital Center	Private Practice, New York
Dr. J. Kaplan	Endocrinology Fellowship	Site Fellowship Training Director – 1994-1995	Queens Hospital Center	Research Endocrine Fellow, AECOM
Dr. M. Sharafatkah	Endocrinology Fellowship	Site Fellowship Training Director – 1994-1995	Queens Hospital Center	Private Practice, New York
Dr. S. Goyal	Endocrinology Fellowship	Site Fellowship Training Director – 1995-1996	Queens Hospital Center	Private Practice, New York
Dr. S. Morduchowitz	Endocrinology Fellowship	Site Fellowship Training Director – 1995-1997	Queens Hospital Center	Long Island Jewish Hospital – New York
Dr. R. Cooper	Endocrinology Fellowship	Site Fellowship Training Director – 1996-1997	Queens Hospital Center	Second Year @ Withrop Hospital
Dr. H. Brett	Endocrinology Fellowship	Site Fellowship Training Director – 1998-1999	Queens Hospital Center	Private Practice
Dr. P. Herson	Endocrinology Fellowship	Site Fellowship Training Director – 1998 – 1999	Queens Hospital Center	Private Practice
Dr. R. Villanueva	Endocrinology Fellowship	Site Fellowship Training Director – 1998 -1999	Queens Hospital Center	Mount Sinai School of Medicine – VA Hospital
Dr. I. Hulinsky	Endocrinology Fellowship	Site Fellowship Training Director – 1999-2000	Queens Hospital Center	Private Practice
Dr. R. Oberstein	Endocrinology Fellowship	Site Fellowship	Queens Hospital Center	Private Practice

GRANTS AND CONTRACT SUPPORT:

None

CLINICAL TRIAL PARTICIPATION:

Project	Role in Project	Dates	Award
Copernicus - IRB Abbott – Foot Ulcer	Sub-Investigator	Jan 2008-July 2008	None
Quarum IRB Hypertension / Diabetes	Sub-Investigator	April 2003 – Jan 2008	None
Copernicus IRB Type 2 Diabetes/Injectable Medication	Sub-Investigator	Febr 2008 - Ongoing	None
Copernicus IRB Type 2 Diabetes / Injectable Medication	Sub-Investigator	April 2009 – Oct 2009	None
Goodwyn – IRB Type 2 / Implatable Diabetic Medication	Sub-Investigator	Oct 2009 – Ongoing	None
Quarum IRB Type 2 / Oral Medication	Sub-Investigator	Aug 2009 – Ongoing	None
Quarum IRB Type 2 / Oral Medication	Sub-Investigator	Aug 2009 – Ongoing	None
Copernicus IRB Type + hypertension	Sub-Investigator	Nov 2009 – April 2010	None
WIRB Growth Hormone	Sub-Investigator	June 2003- Ongoing	None
WIRB Type 1 Diabetes / GAD Positive	Sub-Investigator	April 2005 – Oct 2006	None
Schulman IRB Type 1 + 2 Inhaled Insulin	Sub-Investigator	Sept 2005-Feb 2008	None
SAIRB Type 1 or 2 Inhaled Insulin	Sub-Investigator	April 2009 to Ongoing	None
WRIB Type 1 or 2 Inhaled Insulin	Sub-Investigator	Aug 2009 – Ongoing	None
Goodwyn IRB Type 2 / Nephropathy	Sub-Investigator	Nov 2008 – Ongoing	None
Quorum Type 2 + Hypertension	Sub-Investigator	Feb 2009 – Sept 2009	None
Sterling IRB Type 2 / Novel Injectable Diabetic Medication	Sub-Investigator	April 2009 – Ongoing	None
Goodwyn IRB Type 2 Oral Diabetic Medication	Sub-Investigator	July 2009 – June 2010	None
Joslin Diabetes Center – NIH Type 2 Oral Medication	Sub-Investigator	March 2007 – June 2008	None
Joslin Diabetes Center – NIH Type 2 Oral Medication	Sub-Investigator	Dec 2008 - Ongoing	None
A Randomized, double blind, placebo-controlled, parallel-group, multicenter study to evaluate the cardiovascular outcomes...- Brany/Sanofif Aventis	Principal Investigator	March 6, 2012 - Ongoing	\$315,720.00

TEACHING ACTIVITIES:

<u>Teaching Activity/Topic</u>	<u>Level</u>	<u>Role</u>	<u>Number of Learners</u>	<u>Number of hours per week/month/year</u>	<u>Years Taught</u>
Precepting in Endocrine and Diabetes Clinics	Medical Residents	Director	5	35 hours / week	Active
Board Review	3 rd Medical Residents	Director	30	2 hours / yearly	1995 - 2003
Precepting Pharmacy Students	Pharmacy Students	Preceptor	6	2/wk	2005 - Present
Medical Students Lectures – Endocrinology Topics	Medical Students	Lecturer	12	2 hour / 3 month	2001 – Present
Taught and gave several Lectures on Endocrine topics to residents in LIJH Residency Program and QHC Program	Residents	Lecturer	40	10 hrs / year	1990-1997
Participated in teaching CUNY students	Medical Students	Lecturer	30	1 hrs /week	1990-1996
Precept Mount Sinai School of Medicine Medical Students	Medical Students	Preceptor	10	2 hrs / week	1995 – Present
Yearly Board Review Lectures in Endocrinology 3 rd Year	Residents	Lecturer	30	4 hours / yr	1995 – Present
Lectures to 8 th Grade Boys – North Shore Hebrew Academy	Grade School Students	Lecturer	30	2 hrs / yr	1996- Present
Teach medical Residents in Endocrinology	Medical Resident	Lecturer	2	2 hrs / week	1997 – Present
Clinical Research Advising to Residents	Medical Residents	Lecturer	30	1 hr / week	1998 – Present
Guidelines for Patient Care for Diabetic Patients – DKA and Hyperosmolar, Hyperglycemic Sate (HHS) Guidelines	Attendings, Residents, NP, PA, Nurses	Author	Hospital Wide	1/yr	May 31, 2006

TEACHING ACTIVITIES *(cont.)*

<u>Teaching Activity/Topic</u>	<u>Level</u>	<u>Role</u>	<u>Number of Learners</u>	<u>Number of hours per week/month/year</u>	<u>Years Taught</u>
Guidelines for Patient Care for Diabetic Patients- Critical Care Unit Protocol for Continuous Insulin Infusion Therapy (CIIT) Not for Use in Patient with DKA or Hyperosmolar State (with contribution of Critical Care Attendings)	Attendings, Residents, NP, PA, Nurses	Author	Hospital Wide	1/yr	1/2007
Guidelines for Patient Care for Diabetic Patients- Diabetes Center Referral Suggestions Guidelines	Attendings, Residents, NP, PA, Nurses	Author	Hospital Wide	1/yr	3/2004
Guidelines for Patient Care for Diabetic Patients- Guidelines For Use of Lantus and Novolog for Inpatients	Medical Residents, Attendings, NP, PA, Nurses	Author	Hospital Wide	1/yr	1/2007
Guidelines for Patient Care for Diabetic Patients- Osteoporosis Screening Guidelines	Attendings, Residents, NP, PA, Nurses	Author	Hospital Wide	1/yr	May 2003; Revised 2008
Guidelines for Patient Care for Diabetic Patients- Guidelines I-131 Therapy Consideration	Attendings, Residents, NP, PA, Nurses	Author	Hospital Wide	1/yr	July 2009

<u>Teaching Activity/Topic</u>	<u>Level</u>	<u>Role</u>	<u>Number of Learners</u>	<u>Number of hours per week/month/year</u>	<u>Years Taught</u>
Guidelines for Patient Care for Diabetic Patients-Suggestions for Referral to Endocrinology Clinic	Attendings, Residents, NP, PA, Nurses	Author	Hospital Wide	1/yr	7/2009
Guidelines for Patient Care for Diabetic Patients-Management Goals for Diabetes Mellitus	Attendings, Residents, NP, PA, Nurses	Author	Hospital Wide	1/yr	10/2002
Guidelines for Patient Care for Diabetic Patients-Diabetes In-Patient Management	Attendings, Residents, NP, PA, Nurses	Author	Hospital Wide	1/yr	12/2008

OTHER ACTIVITIES:

June 2013

Reviewer for Thyroid Journal

January 2013

Treasurer – America Spharadic Medical Association

PUBLICATIONS:

Foreign Peer-Review Publications:

1. Fogel B, Sachmechi I and Hasmonai M: A modified technique for producing ascites experimentally. Isr. J. Med. Sci. 1982: 18:655-657.

** Substantial contributions to conception and design of study*

Peer-Review Publications:

1. Bitton R, Sachmechi I, Benegalrao Y and Schneider BS: Leukemia after a small dose of radioiodine for metastatic thyroid cancer. J. Clin. Endocrinol. Metab. 1993;77:1423-1426.

** Substantial contributions to conception and design of study*

2. Chaiken R, Norton M, Banerji M, Bard M, Palmisano J, Sachmechi I, Behzadi H, Lebovitz H: The interaction of hypertension and diabetes on renal function in Black NIDDM subjects. Kidney International 1995;47:1697-1702.

** Substantial contributions to conception and design of study*

PUBLICATIONS (cont.)

Peer-Review Publications:

3. Sachmechi I, Kalra J, Molho L and Chawla K: Paraneoplastic hypercalcemia associated with uterine papillary serous carcinoma. Gyn. Oncol 1995;58:378-382.
4. Sachmechi I and Schussler GC: Familial dysalbuminemic hyperthyroxinemia in pregnancy. Europ. J. Endocrinol. 1995;133:729-31.
5. Bishnoi A and Sachmechi I: Thyroid physiology and disease during pregnancy. Amer. Fam. Phys. 1996;53(S1):215-220.
* *Substantial contributions to conception and design of study*
6. Sachmechi I, Shah G, Rezaimadimi L, blaustein D, Rosner F. Misleading acute hypercalcemia due to hyperlipidemia: A method-dependent error. Endocr. Pract. 1997;3:293-296.
7. Patel, D, Sachmechi I, Bishnoi A. Rhabdomyolysis without myoglobinuria in hypothyroidism. Hosp. Pract. 1998;33:115-118.
* *Substantial contributions to conception and design of study*
8. Sachmechi I, Peykar S, Shapiro SH: Malignant Glucagonoma: Confirmed by light and electron microscopy and immunohistochemistry. The J. Hisotechnol. 1998;21-73-76.
9. Shanski A, Sachmechi I, Patel D, Bishnoi A, Rosner F: An adult with the 49 x 4444 karyotype: A case report and endocrine studies. Amer. J. Med. Genetics 1998;80:103-106.
* *Substantial contributions to conception and design of study*
10. Chaiken RL, Eckert-Norton M, Banerji MA, Palmisano J, Sachmechi I, Lebovitz HE: Hyperfiltration in African-American patients with type 2 diabetes. Cross-sectional and longitudinal data. Diabet. Care 1998;12:2129-34.
* *Substantial contributions to conception and design of study*
11. Sachmechi I, Bitton RN, Dineshkumar P and Schneider BS: Transient headache and impaired vision after intravenous thyrotropin releasing hormone in a patient with pituitary macroadenoma. Mt. Sinai J. Med. 1999;66:526.
12. Sachmechi I, Miller E, Varatharajah R, Chernys A, Carroll Z, Kissin E and Rosner F: Thyroid carcinoma in single cold nodules and in cold nodules of multinodular goiters. Endocr. Pract. 2000;6:5-7.

PUBLICATIONS (cont.)

Peer-Review Publications:

13. Sachmechi I and Bitton R: Role of thyroid stimulating immunoglobulin in aggressiveness of well-differentiated thyroid cancer. Endoc. Pract., 2000;6:139-142.
14. Bitton R, Sachmechi I, Tabriz M, Wasserman P: Papillary carcinoma of the thyroid presenting as Graves' Disease. Accepted for publication in Endoc. Pract., 2001;7:106-109.
* *Substantial contributions to conception and design of study*
15. Pace B, Cheung R, Sachmechi I: Preoperative Management of the Diabetic Patient. Medicine Journal, March 19, 2002; Volume 3, Number 3.
* *Substantial contributions to conception and design of study*
16. Gill M, Gill H, Gill, N, Sachmechi I. Nafcillin-Associated Hypokalemia - A Case Report. Mt. Sinai J. Medicine. 2006;73:3:654.
* *Substantial contributions to conception and design of study*
17. Sachmechi I, Reich D, Aninyei M, Wibowo F, Gupta G, Kim P. Effect of Proton Pump Inhibitors on Serum Thyroid-Stimulating Hormone Level in Euthyroid Patients Treated with Levothyroxine for Hypothyroidism. Endocrine Practice Vol 13, No. 4, July-August 2007.
18. Hypothyroidism. American Association of Clinical Endocrinologists 18th Annual Meeting & Clinical Sachmechi I, Arora K, Reich D, Kim P. Two Case Reports of Graves' Disease and Coexisting Congress – Houston, Texas. May 13-17, 2009.
19. Murithi R, Jaitly S, Kim P, Ndegwa L, Sachmechi I. Myocardial Perfusion Imaging and Coronary Angiography Correlation in the Diabetic and Non-Diabetic Inner-City Immigrant Population. New York Chapter ACP Scientific Meeting – New York, NY. May 30, 2009
20. Sachmechi I, Wang A, Kim P, Reich D, Payne H, Salvador V. Impact of Diabetes Education and Peer Support Group on the Metabolic Parameters of Patients with Diabetes Mellitus (Type 1 and Type 2). British Journal of Medical Practitioners, December 2013, Volume 6, Number 4
21. Sachmechi I, Chadha A, Hanseree P. Type 2 Myotonic Dystrophy Associated with Follicular Thyroid Cancer : A Case Report and Review of Literature. Thyroid Disorders & Therapy, 2013:135.<http://dx.doi.org/10.4172/2167-7498.1000135>
22. Summachiwakij S, Sachmechi I. Rhabdomyolysis Induced by Nonstrenuous Exercise in a Patient with Graves' Disease. Case Reports in Endocrinology. Volume 2014 (2014), Article ID 286450, 3 pages.

23. Sachmechi I, Bitton Rachelle N, Sanelli-Russo S, Thongpooswan S. An Aggressive Follicular Variant of Papillary Thyroid Carcinoma with Unusual Metastases – A Case Report and Review of Literature. British Journal of Medical Practitioners, March 2014, Volume 7, Number 1”a705.
24. Hansaree P, Salvador VB, Sachmechi I, Kim P. Recurrent Silent Thyroiditis as a Sequela of Postpartum Thyroiditis. Hindawi Case Report Endocrinologist. Volume 2014(2014), Article ID 286373, 3 pages.

Invited Contributions

None

Book and Chapters in Books

1. "Protocols for Endocrine Diagnostic Tests"
2. Benjamin F and Sachmechi I: Endocrine Disorders. In: Women's Primary Health Care (Office Practice and Procedures) 2nd Edition, Editors: VL Seltzer and WH Pearse, McGraw-Hill, Inc., Chap. 66 pg. 825-842.

Non-Peer Review Publication:

1. Sachmechi I: Hirsutism. Queens Chronicle 1993;V: 49.

Invited Lectures/Presentations

- | | |
|------------|---|
| 1/9/1997 | Medical Grand Rounds
Type 2 DM
Long Beach Hospital |
| 2/6/1997 | Medical Grand Rounds
New Modalities of Therapy in Diabetes
Syosset Hospital |
| 2/10/1997 | Medical Grand Rounds
Type 2 DM
St. Joseph Hospital |
| 3/5/1997 | Medical Grand Rounds
Type 2 DM
Bethpage Hospital |
| 11/4/1998 | GYN Grand Rounds
Hyperlipidemia
Queens Hospital Center |
| 11/14/1998 | CME Program Organized by Long Island Jewish Medical Center
Insulin Resistance
Garden City, NY |
| 12/11/1998 | Grand Rounds Lecture-Medical Residents
Hyperlipidemias
Long Island Jewish Hospital |

Invited Lectures/Presentations (cont.)

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|------------|---|
| 3/17/1999 | Medical Grand Rounds
Management of Type 2 DM
St. Mary's Hospital |
| 6/7/1999 | Medical Grand Rounds
Post-Prandial Hyperglycemia
Peninsula Hospital |
| 9/4/1999 | Medical Grand Rounds
Insulin Resistance and Type 2 Diabetes
Flushing Hospital |
| 9/16/1999 | Medical Grand Rounds
Insulin Resistance and Type 2 Diabetes
Franklin General Hospital |
| 3/2000 | Medical Grand Rounds
Diabetic Nephropathy
St. Johns Hospital |
| 4/6/2000 | Medical Grand Rounds
Pathophysiology of Type Diabetes and its Management
St. Johns Hospital |
| 4/7/2000 | Fine Needle Aspiration of Thyroid Nodules and Risk of Malignancy in Single
Nodule and in Multinodular Goiters
New York Thyroid Club |
| 4/9/2000 | Type 2 Diabetes Mellitus, New Therapies – Annual Meeting of HIP Primary Care
Physicians. |
| 2/8/2001 | Endocrine Ground Rounds
Hypercalcemia of Malignancy
Mount Sinai School of Medicine |
| 5/15/2002 | Medical Grand Rounds
Insulin Resistance
Queens Hospital Center |
| 10/11/2002 | Medical Grand Rounds
Diabetes Management
St. John's Hospital |

Invited Lectures/Presentations (cont.)

12/27/02	Diabetes Grand Rounds Insulin Management South Nassau Medical Center
4/9/03	Medical Grand Rounds Management of Diabetes Queens Hospital Center
10/1/03	Medical Grand Rounds Diabetes Treat to Target Brooklyn Jewish Hospital
10/15/03	Medical Grand Rounds Diabetes Teat to Target North Shore Hospital of Queens
2/2004	Presentation Obesity Gateway High School
4/2004	Medical Grand Rounds Diabetes Management in outpatient Clinics Brookdale Hospital
5/2004	Medical Grand Rounds Diabetes Management Brookdale Hospital
7/2004	Medical Grand Rounds Management of Type 2 Diabetes St. John's Hospital
9/2004	Medical Grand Rounds Inpatient Management of Diabetes Jamaica Hospital
9/2004	Medical Grand Rounds Insulin Resistance Interfate Hospital
9/2004	Medical Grand Rounds Insulin Therapy in Diabetic Patients Brookdale Hospital

Invited Lectures/Presentations (cont.)

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|---------|---|
| 2/2005 | Resident Noon Conference
Thyroid Disorders
Nassau County Medical Center |
| 3/2005 | Medical Grand Rounds
Diabetes Pathophysiology and Approach for Therapy
St. John's Episcopal Hospital |
| 4/2005 | Medical Grand Rounds
Diabetes and T2D's
Queens Hospital Center |
| 6/2005 | Medical Grand Rounds
Insulin Resistance
St. John's Hospital |
| 6/2005 | Medical Grand Rounds
Initiation of Insulin Therapy in Diabetic Patients
Parker Jewish Hospital |
| 11/2005 | Medical Grand Rounds
Type DM 2, Pathophysiology, Oral Therapy and Initiation of Insulin RX
Queens Hospital Center |
| 1/2006 | Medical Grand Rounds
Glycemic Control in Hospitalized Patients
St. John's Hospital |
| 3/2006 | Medical Grand Rounds
Insulin Resistance
Mary Immaculate Hospital |
| 5/2006 | Medical Grand Rounds
Thyroid Nodules
Maimonides Hospital |
| 6/2006 | Medical Grand Rounds
DKA
Queens Hospital Center |
| 7/2006 | Medical Grand Rounds
Diabetes Management
Spharadic Jewish Society Meeting |

Invited Lectures/Presentations (cont.)

9/2006	Medical Grand Rounds Inpatient Management of Diabetes North Shore Hospital
10/2006	Medical Grand Rounds Obesity North Shore Hospital
11/2006	Medical Grand Rounds In Hospital Glycemic Control Queens Hospital Center
2/2007	Medical Grand Rounds In-patient Glycemic Control Jamaica Hospital
4/2007	Medical Grand Rounds Osteoporosis – Different Diagnosis St. John’s Hospital
5/2007	Journal Club Presentation Hypercalcemia of Malignancy Mount Sinai School of Medicine
6/2007	Presentation Diabetes Center Metropolitan Chapter of New York Diabetes Educators
8/2007	Medical Grand Rounds Osteoporosis Management Mary Immaculate
9/2007	Medical Grand Rounds Type 2 DM Pathophysiology Management
4/2008	Medical Grand Rounds Lantus as Basal Insulin St. John’s Hospital
5/2008	Medical Grand Rounds ARB’s in Treatment of Hypertension Jamaica Hospital

Invited Lectures/Presentations (cont.)

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|--------|---|
| 8/2008 | Noon Conference
Lantus as Basal Insulin
Peninsula Hospital |
| 2/2009 | Medical Grand Rounds
In-patient Management of Diabetes
Jamaica Hospital |
| 3/2009 | Medical Grand Rounds
In-patient Management of Diabetes
Nassau Count Hospital |
| 3/2010 | Noon Conference
In-patient Management of Diabetes
Peninsula Hospital |
| 3/2011 | Lecture
Pathophysiology of Type 2 DM
Shiraz Alumni Medical Association |
| 3/2012 | Presentation
A Physician's Perspective
Annual Legislative Meeting at Queens Hospital Center |
| 4/2014 | Endocrine Grand Rounds
Diabetes Resistant Hypertension and Primary Aldosteronism
St. Luke's Hospital |
| 6/2014 | Endocrine Gran Round
"Redifining the Use of Basal Insulin: Combining Sustained Action with QD Efficacy"
St. Luke's Hospital |

Media Source Educational Material:

- 1994 – Channel 35 – Diabetes Mellitus, (arranged by media communication – Queens Hospital Center)
- 1995 – Cassette Tape on Hyperlipidemia – Board Review Course Arranged by Long Island Jewish Hospital
- 2008 – Interviewed by Channel 1 News - Care of Patients in Diabetes Center of Excellence Queens Hospital Center

Media Source Educational Material (cont):

3/2010 – Interviewed by Channel 35 – The Unmet Needs in “Hispanic Management of Diabetic Patients

4/2010 – Interview by Central Health on Impact of Diabetes Education on Diabetes Outcomes. Poster Presentation at Annual Meeting of AACE 2010

5/2010 – Diabetes Center of Excellence Website on Patient Information for Queens Hospital Center (video)

5/2013 – Interview by Media on the topic: Autoimmune Thyroiditis with Hypothyroidism Induced by Sugar Substitutes - Endocrine Today May 2013 @ the Annual AACE Meeting

ADDENDUM

ABSTRACTS

Palmisano J and Sachmechi I: Renal function in Type II Diabetes Mellitus. Diabetes 1987;36:206A:784.

Palmisano J, Sachmechi I and Lebovitz HE: Hyperfiltration in Patients with Type II Diabetes Mellitus. Clin. Research 1987;35:636A:3.

Chaiken R, Norton M, Banerji M, Bard M, Palmisano J, Sachmechi I, Behzadi H, Lebovitz H : Variable impact of hypertension on renal function in Black NIDDM subjects. Longitudinal Data. Diabetes 1993;42:508:160A.

Schussler GC, Yap MG, Sachmechi I, Negrette and Jackson T: Detection of familial dysalbuminemic hyperthyroxinemia. Program & Abst. 75th Ann. Mtg. Endocr. Soc. 1993:142:366.

Sachmechi I, Bitton RN : Are thyroid stimulating immunoglobulin levels elevated in patients with thyroid cancer in the absence of known autoimmune thyroid disease? Program & Abst. 75th Ann. Mtg. Endocr. Soc. 1993:144:374.

Sachmechi I, Patel D, Bishnoi A and Shanske A: Endocrine studies in an adult with the 49 x yyy karyotype. Am. J. Human Genetics 1993;53:3:1592.

Sachmechi I, Bitton R, Patel D and Schneider BS: Transient headache and impaired vision after intravenous thyrotropin-releasing hormone in patients with pituitary macroadenoma. Program & Abst. 76th Ann. Mtg. Endocrin. Soc. 1994:598:1591.

ABSTRACTS (cont.)

Patel D, Bitton R, Sachmechi I, Murphy L and Schneider BS: Familial papillary carcinoma of the thyroid. Program & Abst. 76th Ann. Mtg. Endocrin. Soc. 1994:415:860.

Sachmechi I, Peykar S, Shapiro SH: Malignant Glucagonoma: light electron microscopic and immunohistochemical study. Program & Abst. 76th Ann. Mtg. Endocrin. Soc. 1995:460:2-680.

Sachmechi I, Kissin E, Sharafatkhan : Fluvastatin (Lescol) short-term efficacy and safety. Program & Abst. 77th Ann. Mtg. Endocr. Soc. 1995:544:3-301.

Sachmechi I, Bishnoi A, Bitton R, et al: An aggressive follicular carcinoma of the thyroid with unusual metastases. Mt. Sinai J. 1996

Bishnoi A, Schussler C, Sachmechi I : Transient T₃ antibodies unassociated with thyroglobulin antibodies. Mt. Sinai J. Med. 1997:64:1:67-68.

Sachmechi I, Kakizawa K: Fluvastatin (Lescol) long-term efficacy and safety in NIDDM. AACE 1997:141:M3.

Sachmechi I, Morduchowitz S, Schneider B: Vitamin D reduces thyroxine efficacy in patients on L-thyroxine therapy. AACE 6th Ann. Mtg. 1997:134:4.

Sachmechi I, Chaiken R, Eckert-Norton M, Lebovitz HE : Glomerular filtration rate (GFR) fails to increase following chronic protein ingestion in growth hormone deficient adults. Program & Abst. 79th Ann. Mtg. Endocr. Soc. 1997:427:2:569; Mt. Sinai J. Med. 1998:65:59-60.

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